



BONDING BEFORE BABY

Sedona Serenity

DAY 1

10 AM

Brunch at Wildflower Bread Company (a local favourite)

1 PM

Hike: Soldier Pass/Brins Mesa Loop - 5-mile trail offering moderate elevation changes and a variety of landscape features

7 PM

Explore downtown Sedona and have dinner at one of the delicious restaurants - they're serving up what you're craving.

DAY 2

11 AM

Grab coffee at Black Potion (one of the best coffee spots in Sedona).

1 PM

Spend the day pampering yourself with one of Sedona's incredible spa experiences!

6 PM

Have dinner at Elote, one of the best restaurants in Sedona, serving a modern take on traditional Mexican food.

DAY 3

10 AM

Hike Devil's Bridge, one of the most iconic and popular places in Sedona. The hike is about 3.9 miles round trip with a 400 foot elevation gain.

1 PM ACTIVITY

Bike along the trail, highlighting views of snow-capped peaks, ocean vistas, fast-flowing rivers, majestic forests, and pristine lakes as you go, before ending at the Pacific beaches.

6 PM

Grab some cheeses and meats and enjoy a relaxing evening in.

